

Fremont Area Resources

Nebraska Family Helpline

Phone: 1(888) 866-8660

Website: www.nebraskafamilyhelpline.ne.gov

2-1-1 (NEBRASKA)

Phone: (866) 813-1731 Alternative Number

(402) 444-6666 Alternative Number

Website: <http://www.211.org>

Answers 4 Families

Website: <http://answers4families.org>

Community Resource Directory

Website: www.dhhs.ne.gov/publichealth/Documents/HIV2013CommunityResourceDirectory.pdf

Fremont Area Community Resource Directory

Website:

<http://www.corrections.state.ne.us/pdf/ODO%20Resource%20Summary%202014.pdf>



BASIC NEEDS

Low Income Ministry of Dodge County

Website: <http://www.lowincomeministry.org/>

Northeast Nebraska Community Action Partnership – Information about food pantries, shelter assistance, car seat programs, education, health, WIC, SSI, etc.

Website: <http://www.nencap.org/>

Goodwill Industries

Website: <http://www.goodwillomaha.org/locations/fremont/>

DOMESTIC VIOLENCE

The Bridge Domestic Violence Services

Website: <http://www.bridgefromviolence.org>

Phone (Emergency number): 888-721-4340

EDUCATION

Adult Education – GED at Metro Community College – Fremont

Website: <http://www.mccneb.edu/lws/ae/ged.asp>

Dodge County Head Start

Website: <http://www.neheadstart.org>

Northeast Nebraska Community Action Partnership – Information about food pantries, shelter assistance, car seat programs, education, health, WIC, SSI, etc.

Website: <http://www.nencap.org/>

EMPLOYMENT

Goodwill Industries

Website: <http://www.goodwillomaha.org/locations/fremont/>

Northeast Nebraska Community Action Partnership – Information about food pantries, shelter assistance, car seat programs, education, health, WIC, SSI, etc.

Website: <http://www.nencap.org/>

Vocational Rehabilitation (Voc. Rehab)

Website: www.vr.ne.gov

FOOD

Heartland Food Bank – Mobile Food Pantry

Viewing Upcoming Mobile Pantries online

Website: www.foodbankheartland.org

Northeast Nebraska Community Action Partnership – Information about food pantries, shelter assistance, car seat programs, education, health, WIC, SSI, etc.

Website: <http://www.nencap.org/>

Nutrition Education Program (NEP) and 4-H Program

UNL Cooperative Extension office

Website: www.extension.unl.edu

Supplemental Nutrition Assistance Program (SNAP)

Access Nebraska

Website: www.accessnebraska.ne.gov

WIC (Women, Infants and Children)

Central Nebraska Health Department

Website: www.cdhd.ne.gov

HOUSING

Community Alliance Regional Rental Assistance Program

Website: <http://www.cahms.org/>

Fremont Housing Agency

Website: <http://www.fremonthousing.org/>

Northeast Nebraska Community Action Partnership – Information about food pantries, shelter assistance, car seat programs, education, health, WIC, SSI, etc.

Website: <http://www.nencap.org/>

LEGAL

Consumer Credit Counseling Services

Website: www.cccsn.org

Legal Aid of Nebraska

Website: www.legalaidofnebraska.com

Child Support Enforcement

Phone: 402-441-8715

Nebraska Appleseed Center of Law

Website: www.neappleseed.org

Nebraska State Bar Association

Volunteer Lawyers Project

Website: www.nebar.com

MEDICAL/MENTAL HEALTH – See Fremont Area Community Resource Directory, linked at the top, for additional resources.

Every Women Matters Program- DHHS

Website: www.dhhs.ne.gov/publichealth/Pages/womenshealth_ewm.asp

Fremont Family Planning Clinic - Provides services for medical exams, pregnancy tests, birth control and family planning education. Fees are on a sliding scale.

Phone: 402-727-5336

Fremont Psychiatric Services

Website: <http://www.fremontpsychiatricervices.com>

Healthy Mother, Healthy Babies – 24/7 access to skilled nurses

Phone: 402-471-2907

Lutheran Family Services

Website: www.lfsneb.org

Three Rivers District Health Department

Website: <http://www.threeriverspublichealth.org>

United Family Services - Provides pregnancy tests, maternity clothing, infant/baby furniture, diapers, formula assistance and parenting programs.

Phone: 402-721-5551

Vision USA

Email: visionusa@aoa.org

PARENTING

CoventryCares of Nebraska Members (Pregnancy/Parenting)

Phone: 1-888-784-2693

Fremont Family Planning Clinic - Provides services for medical exams, pregnancy tests, birth control and family planning education. Fees are on a sliding scale.

Phone: 402-727-5336

Health Hotlines for Parents

Website: <https://www.text4baby.org/index.php/health-info-for-moms>

Nebraska Family Helpline

Website: www.nebraskafamilyhelpline.ne.gov

Region 6

Website: www.regionsix.com

Text4baby Program

Website: www.text4baby.org

United Family Services - Provides pregnancy tests, maternity clothing, infant/baby furniture, diapers, formula assistance and parenting programs.

Phone: 402-721-5551

UnitedHealthcare Community Plan Members

Website: www.uhcbabyblocks.com

TRANSPORTATION

Fremont Bus Service - Effective July 1, 2014 the City bus service (Fremont Transit Lines) has been discontinued.

UTILITIES

Community Alliance Regional Rental Assistance Program

Website: <http://www.cahms.org/>

Emergency Assistance Programs

Nebraska Department of Health and Human Services

Website: www.dhhs.ne.gov

Fremont Housing Agency

Website: <http://www.fremonthousing.org/>

Low Income Ministry of Dodge County

Website: <http://www.lowincomeministry.org/>

Northeast Nebraska Community Action Partnership – Information about food pantries, shelter assistance, car seat programs, education, health, WIC, SSI, etc.

Website: <http://www.nencap.org/>

YOUNG ADULT PROGRAMS

Project Everlast

Website: www.projecteverlast.org

Central- Plains Services (PALS)

Website: www.central-plains.org

Foster Care Review Office

Website: www.fcro.nebraska.gov